



Providing affordable, accessible, and meaningful cross cultural mission opportunities since 1989

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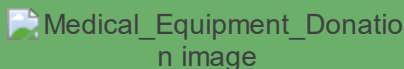
School Supply Donations Needed

As it is written, "Whoever has a bountiful eye will be blessed, for he shares his bread with the poor." (Proverbs 22:9)

CUPS Concludes 36th Year of Service

Medical Equipment Donation

CUPS' donations to schools, medical clinics, and individuals is an ongoing mission activity that provides a much needed lifeline to those in need in Tamaulipas. While school supplies are the most requested type of donations, durable medical equipment like that shown below, ranks a close second.



Board Members Needed

CUPS is looking for supporters that would be willing to serve on the CUPS Board. Board meetings are held about 4 times per year, usually in the greater Houston area, and often via Zoom. If you are interested, please contact board chair Chris Friedersdorf at cbfdorf@gmail.com

Donation Collection Locations

Upcoming Events

CUPS Board Meeting -Dec. 4, 2025

School Supplies Needed


We get frequent feedback from the schools CUPS supports that school supplies like paper, pens, pencils, crayons, erasers, notebooks, backpacks, etc. are urgently needed on a year-round basis.

Recent Projects

Benches For Mano de Leon

CUPS completed a construction project in 2025 at the small town of Mano de Leon on the eastern peninsula beside the Laguna Madre. This project involved the construction of concrete benches as shown in the pictures below. CUPS has assisted the school in Mano de Leon with several projects over the years, and has an excellent rapport with this village.

 Mano_de_Leon_Benches_1 image

 Mano_de_Leon_Benches_2 image


Jose Delgado Dispensary

Jose Delgado is a small rural community south of Empalme. CUPS has had a long relationship with this community, and recently they needed to rebuild their non-profit dispensary, so CUPS built one as shown below with the aid of community volunteers.

 Jose_Delgado_Dispensary image

Waiting Room For Empalme Clinic

CUPS completed another project in 2025 in the town of Empalme that involved construction of a sun-sheltered waiting room for patients at the Empalme Medical Clinic. The use of local community volunteers to help with the labor kept the cost low. CUPS also did some electrical work at this clinic, including installation of projectors.


 Empalme_Clinic_Waiting_Room_1 image

Empalme Clinic Electrical Work


 Empalme_Clinic_Electrical_Work image

Louise Flippin Remembrance

Louise Flippin was the Director of CUPS' mission work for many years, and is still fondly remembered by CUPS supporters, board members, and especially the people she served in Mexico. This is the 10th Anniversary of Louise's death, and so it is especially important at this milestone to remember her for all she did for CUPS. We like to think that Louise would be pleased to know that CUPS is continuing to serve the communities in Mexico that meant so much to her.

 Louise image

The Donation Pipeline

 Medical_Supplies_Donations_1 image

 SchoolDonations1 image

 ComputerDonations1 image

HOW DO MY DONATIONS GET TO THOSE IN NEED?

CUPS has a well-oiled process for receiving donated materials, such as medical equipment, school supplies, computers, and warm clothing, and delivering them to those in need in northeastern Mexico.

STEP 1

Supplies are dropped off at one of the [Donation Locations](#) listed on the CUPS web site.

STEP 2

A network of CUPS supporters and board members transport the donations by van, truck, and/or cars to McAllen, where part time CUPS employee Rafa Sanchez inventories them in our storage unit in Pharr.

STEP 3

Rafa coordinates with CUPS' Fidencio Perez and/or Principal Marco Gonzalez to deliver these supplies to Mexico. Fidencio has another storage room at his home in Sta. Librada, where supplies can be stored until delivered to those who need them

STEP 4

Fidencio works with educators and community leaders in Mexico to identify those in need, and he delivers medical equipment, school supplies, and warm clothing to them. Many of these contacts were cultivated by Louise Flippin many years ago. Marco Gonzalez and his wife are educators who help identify educational needs, and who help place computers in schools where most needed.

CUPS (*Comunidades Unidas Pro Salud*) [www.cupsmission.org]



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